## Appreciation Night 2023 "Whys"

"Because no one can survive this alone. No one can understand the way 3HH does."

"To support the hope and love that's needed for families."

"3HH offers wonderful opportunities to memorialize my sweet grandson, Zachary. I also enjoy the chance to support my amazing daughter, Kristin."

"Because losing a child is one of the most painful human experiences a parent can experience. If I can help another grieving parent by being present – listening and offering kind words to them – I want to give back and offer that. I am a mom. I raised three precious children, 2 boys and 1 girl. Both of my sons are gone from this world and I know this deep, deep pain more than I wish I did. But if I can be present for another parent, I will. Love wins." - K.D

"To help grow and feed this amazing organization that helps so many. To bring any amount of relief and togetherness to parents and families we support."

"I believe wholeheartedly in everything 3HH does to help others through their grief. I feel if I can help in any way, I will. It has shown me how to be thankful for what I have."

"3HH is home. It is where I get to live out the legacy of my babies and the babies of so many dear friends in our groups. It's the home of the babies too."

"To give back the "you are not alone" feeling. Child loss is so isolating, so I hope to contribute to families feeling connected to others."

"To help others! So that all families know that we NEVER will forget their family or loved ones who left too soon." -S.S

"To remember... To share... To feel...With others."

"Because I feel that helping others helps me also. I feel like this community is so special and the people here are so compassionate. 3HH is a place where families can go to find others who know just exactly what they are going through." -J.S

"The support I received from this wonderful organization during my time of need was invaluable. I love being able to support and hold space for families during their time of need. I feel stronger hearing others' stories and am absolutely honored to be in a safe space. I also LOVE holding all the rainbow babies. "

"3HH supported my family through the unimaginable. I'm here to make sure this lifeline is here for all who need their compassionate support." LE

"Paddles up, quarters in! Thanks for being our favorite charity at auctions. I love raising money for awesome causes. And thanks for the support you provide our community."

"I want other families to be able to get the same support as my family for years to come."

"Brendan Bauman is my WHY. I want other families to feel the hope 3HH gives to myself and my family. Thank you for all you do for us all!!" -A.B

"Using the resilience gained through my own experience with loss to provide support to those who have yet to benefit from the resilience that will eventually come."

"I want people to know that they don't have to "tough it out" when it comes to their grief. I tried to do that, and it made it harder and more isolating. Thankfully, a friend connected me to 3HH, and through them I was able to process my grief better and find healing. Then I was able to find ways to honor my son."

"Remembering, repairing, rejoice. Being able to support and listen to all."

"To bring a little warmth and hope to other parents who have experienced the worst that life can throw at you."

"To know the families we support in hospital are loved, cared for, and supported when they leave. To support those who support the families. - K.B"