



**3 Hopeful  
Hearts**

*3 Hopeful Hearts, through grief companionship, provides bereaved parents and families opportunities to honor, find hope and seek healing through support, events, education and remembrance.*

honoring

hoping

healing

## February Newsletter



### New Closed Support Group!

## BraveHeart Families

-Dinner and Support-

Food – Healing – Community

...come join us...

Six consecutive Sundays

**February 9 – March 15, 2020**

4:00 – 6:00 P.M.

*Location:* Elderhaus

6813 S College Ave,  
Fort Collins, CO 80525

- **Family style meal each week!**
- Whole group support
- Breakout support groups
  - **Kiddos – 5-11**
  - **Teens –12-18**
  - **Adult Siblings**
  - **Parents/Caregivers**

[Click Here to Sign Up](#)







**Teen overnight camp**  
**April 18-19th**

Camp BraveHeart is a camp for youth/teens, ages 12-18 who are grieving the loss of a sibling, parent or other close family member. Teens will have the opportunity to share feelings and memories with other youth who have experienced a similar loss. They will leave the weekend with a renewed sense of self and coping skills that will help them manage grief in everyday life.

The 2020 Camp BraveHeart is a 2day/1 night day camp for ages 12-18 at Sky Corral Ranch in Bellvue- campers will be bused from 3HH office.

**April 18-19, 2020**

FOR MORE INFO / REGISTRATION, PLEASE VISIT OUR EVENTS PAGE AT [WWW.3HOPEFULHEARTS.COM](http://WWW.3HOPEFULHEARTS.COM). 970.430.6136

**Registration coming soon!**



## **New 2020 Monthly Support Group!**

### **Sibling Loss Support Group**

Coming February 2020

Meets at the 3Hopeful Hearts office -1610 S. College Ave.

- Meets 1st Tuesday of each month
- Starts February 4th
- **6:00 - 7:00 P.M.**
- Appropriate for ages 16+
- No R.S.V.P. necessary
- This group is dedicated to supporting young adults who are grieving the death of a sibling. We offer a safe space to share your story and to hear from others traveling a similar path of grief in the hope that it may resonate with you.

[Click here for 2020 Calendar of Events](#)

# ReFUND

## [CO] [What matters to you.]

Have your tax refund make an impact in Colorado!  
**Registration # 20143002543**  
(enter on your tax return)

**Help support the 3HH House  
and honor your child**



[Click here to sponsor a month](#)

### **House Hearts**

Sometimes, finding a way to honor the memory of your child can be difficult.  
Would you consider supporting the 3Hopeful Hearts House in honor of your child  
on the month of their birthday?

Your child's name will be painted on a heart and displayed as one of our House Hearts for their month.  
This will be featured on our website and social media sites.  
After the month is over, the heart will be sent to you.



Click here for

[Volunteer Application](#)



Our amazing volunteers are the beating heart of our organization. Please join us for one of our trainings!

- **General Volunteer** training: Saturday, *April 4*, 9:00 am - noon

*In order to actively volunteer with our organization, you must attend a training.*



### Two easy ways to support 3Hopeful Hearts while you shop!

Select 3Hopeful Hearts as the nonprofit, and each time you buy, a percentage is donated to us!

