

October Newsletter

We are here for you! 3HH continues to offer grief support, in-person support groups with zoom options, live and virtual events



3Hopeful Hearts 9th Annual Music Benefit & Auction October 2nd, 2020, 6PM

featuring

Liz Barnez & friends!

[CLICK HERE](#)

for the Auction Link

**and to preregister for our
Live Auction bidding**

Thank you to all who have registered already! Please share this date and link with your family and friends both near and far for this **free** event!

All are welcome!

Preview the auction items and get ready for a great night on Friday at 6:00pm!

[CLICK for Event Registration & Auction link to join our program!](#)

Watch a tutorial with Betsy who will show you how to download the app for bidding at our Event on Friday!! <https://www.youtube.com/watch?v=DjJcL6v9 Mo>



Mother's Retreat

What: A day of hope for Grieving Mothers

When: October 24, 2020

Where: Center for Hope,
712 Whalers Way A201
Ft. Collins, CO 80525

[REGISTER HERE](#)

The Mother's Retreat is designed to be a safe haven for those mothers who have suffered the loss of a child. This day will be focused on nurturing bereaved moms and allowing for a supportive space to share stories and focus on grief coping opportunities.

****ONLY 9 SPOTS REMAIN****



The Walk to Remember was a huge success!
We are **so thankful** to each and every one of you who came out to support the 3HH Community.





Support Groups will continue to meet **IN PERSON** and will also be available via ZOOM

We are SO excited to announce that we are able to offer our October support groups in person at the Center for Hope!

Please know that we are taking COVID restrictions seriously and will be following all CDC recommendations and regulations.

If you are not feeling ready or comfortable to meet in person, we are still going to be offering zoom groups.

We will zoom you into a meeting so that you feel like you are truly apart of the group.

Links and details will be posted on website as well as in reminder emails.



DID YOU KNOW?

3HH has a "**Call Companion**" list available that has a list of parent companions for you to talk to or text.

Please call 970.430.6136 to talk to one of our staff for access to this list.



House Hearts

Sometimes, finding a way to honor the memory of your child can be difficult.

Would you consider supporting the 3Hopeful Hearts House in honor of your child on the month of their birthday?

Your child's name will be painted on a heart and displayed as one of our House Hearts for their month. This will be featured on our website and social media sites. After the month is over, the heart will be sent to you.

[CLICK HERE](#) to sponsor a House Heart