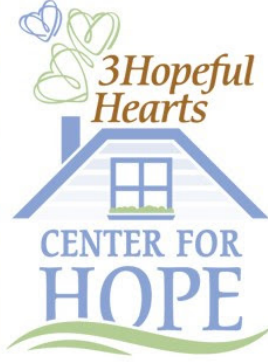


# May Newsletter

*We are here for you! 3HH continues to offer grief support.*  
Now offering in person support groups, support, and events.



Dear 3Hopeful Hearts families and friends,

May is here greeting us with rain, sun, snow, clouds and wind. The May weather is much like the feelings of grief...all over the place. May we allow the sunny days of May to shine into the shadows within. May we allow the warmth of May to help thaw the frozenness of child loss and console all who grieve and ache. We are here to support, journey and guide you through the tangles of toil...and lead you into connection and community. We hope to walk alongside of you in June at our BFF and 3Hopeful Hearts 5K-1mile family friendly walk and run. Read below to learn more.

With hope and sunshine,  
Doreen

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## May Support Groups will resume in person!

3Hopeful Hearts is very excited to welcome you back  
to in-person support groups!

We have made this decision based on Larimer County's transition to level blue on April  
16th.

As a reminder, we will gather at 712 Whalers Way, A201 Fort Collins. We are located near  
Lemay and Boardwalk.

Our front doors are right across from Canvas Credit Union.


We cannot wait to see you soon!  
\*Masks will be required for all attendees\*

**Two NEW groups will begin in June:  
Zoom Child Loss and Zoom Prenatal loss!  
Check back soon for more details.**

**2021 Support Group Calendar**

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## Camp Registration is OPEN!

Camp BraveHeart:

Teens (12-18)  
June 21st-23rd  
Sky Corral Ranch

[Register HERE!](#)

Camp BraveHeart: Kids  
Youth (5-11)  
June 26th  
Colorado Youth Outdoors

[Register HERE!](#)



## Benefit Golf Tournament

**When:** Saturday, June 12th,  
7:00AM- 12:00PM

**Where:** Mountain Vista Golf Course

**Who:** Register as Individual Golfer or Team of 4!

[Register HERE](#)



## Rockin' for HOPE: 5K Walk/Run

**When:** Saturday, June 19th

**Where:** Windsor Lake

**Who:** Anyone- Family Friendly

Registration required.

[Event Info &](#)

[Registration](#)

[HERE](#)

We are so excited that  
**Brickhouse Functional Fitness**  
has chosen 3Hopeful Hearts to be their charity of choice for this year's race!  
Please join us!



## Grandparent's Tea Time

**As a reminder...**

\*Event Sold Out\*

**When:** Tuesday, May 11th- 10:00AM

**Where:** Center for Hope

**Who:** Bereaved Grandparents

**Why:** To honor and connect with other bereaved grandparents



## UPCOMING EVENTS!

**Mother's Retreat:** May 2nd- Registration is closed!

**Grandparent's Tea:** May 11th- Sold out.

**Benefit Golf Tournament:** June 12th- Registration is open!

**Camp BraveHeart Teens:** June 21st-June 23rd- Registration is open!

**Camp BraveHeart Kids:** June 26th-Registration is open!

**BFF/3Hopeful Hearts 5K:** June 19th- Registration is open!

Updates and Information about events/registration can be found [HERE!](#)



[CLICK HERE](#) to sponsor a House Heart

### House Hearts

Sometimes, finding a way to honor the memory of your child can be difficult.

Would you consider supporting the 3Hopeful Hearts House in honor of your child on the month of their birthday?

Your child's name will be painted on a heart and displayed as one of our House Hearts for their month.

This will be featured on our website and social media sites. After the month is over, the heart will be sent to you.



**3Hopeful Hearts**

[www.3hopefulhearts.com](http://www.3hopefulhearts.com)

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