

October Newsletter

*We are here for you! 3HH continues to offer grief support.
Now offering in person support groups, support, and events.*



Dear 3Hopeful Hearts Families, Friends, and Community,

September's 'Month of Hope' brought us many opportunities to: gather as a community and honor our children with our Walk to Remember; gather and learn ways to heal through the wisdom and guidance of Dr. Wolfelt; and, gather, celebrate our mission and successfully raise money with our Music Benefit. Thank you to our community who gathered with us and to those who supported 3Hopeful Hearts. We are grateful for raising over \$39,000!

With October comes a season of transitions. With the change of seasons we see changes in nature. The Aspens turn yellow, to gold, to brown, and fall on the ground. This change of seasons is likened to the death of a child, where the whole foundation of our life shifts and transitions. We are forced to learn a new language, the language of grief, loss and bereavement. Our world view changes, core assumptions are challenged and we seek to find a new way of seeing things. It will take time to grieve, to look around, to get used to this new arrangement of people and relationships. We hope you are each able to receive the compassion and support you need and deserve to guide you to a new world view and discover that life is still worthy, there is still purpose and meaning. 3Hopeful Hearts is here to help you allow yourself the time you need to transition with the seasons and cycles of life.

I am announcing a new season and transition within my vocational path and a desire to have more time with family. I look back at the transitions, the move and the growth that have occurred within 3Hopeful Hearts these last two years. I have learned from each person along the way. I say good-bye with many blessings and much gratitude to our Board, staff, families, support groups, volunteers, community collaborators & sponsors, to you, as we all continue forth on our journeys into 2022 to embrace and enjoy our destinies. Until we meet again...

*With hope,
Doreen*



As our Executive Board accepts the resignation of Doreen Horan, we would like to thank her for the gifts she brought to 3Hopeful Hearts over the past couple of years. We also want to reassure families and community members that our dedication to our mission is stronger than ever and our incredibly resilient and solid team of staff, volunteers and board members will seamlessly guide us into 2022.

With Hope and Gratitude,

Kristin Glenn, Interim Director
Katie Ronen, Administrative Assistant
Dan Miller, Board President

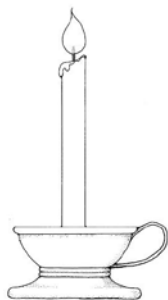


Pregnancy and Infant Loss Remembrance Day

October 15th is Pregnancy and Infant Loss Remembrance Day.

Candles will be placed in our South Windows and we will gather to honor the **7:00 pm worldwide candle lighting.**

As one mother said, *"How very softly you tiptoed into our world, almost silently, only a moment you stayed. But what an imprint your footsteps have left upon our hearts."*



If you would like for us to display your baby's name in our South windows throughout the month of October and to light a candle in your child's name on the 15th, please fill out the form below.

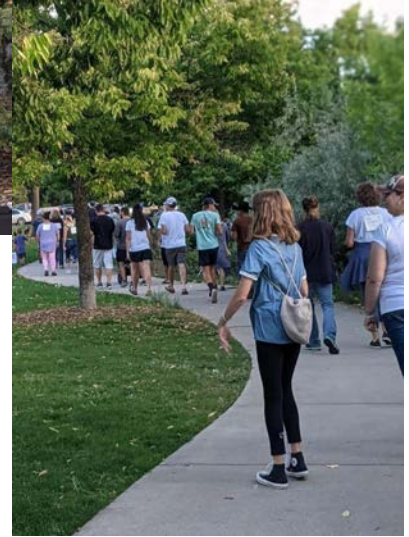
3Hopeful Hearts' staff and volunteers will be at the Center for Hope to ignite the Wave of Light at 7pm. We hope that you and your families will join us.

Candle Lighting



Thank you to everyone who attended the Walk to Remember.

It was a beautiful evening filled with tender moments felt by all.



The Music Benefit & Auction was a great success!

Thanks to our amazing donors, vendors, and 3HH Community we were able to raise over **\$39,000!**

Our hearts are full of gratitude knowing that we are able to continue serving the mission of 3Hopeful Hearts.

Thank you all.



Mark Your Calendars!

Pregnancy & Infant Loss Remembrance Day: October 15th



Mosaic Hearts Available!

Donate today to honor your child with a beautiful, handmade, mosaic heart. These hearts are on display for a full year at our Center for Hope.

Each 9x9 inch stained glass panel will have a brass plaque honoring a child who is forever loved and gone to soon. These mosaic hearts are symbolic of how we uniquely reconstruct our shattered hearts piece by piece after child loss. The level of investment in 3Hopeful Hearts Center for Hope is \$300.00 for this artistic memorial of your child.

Our next Mosaic Heart building time will be October 26th.

5 Hearts Available



Click [HERE](#) for the

2021 Support Group Calendar

Continuing into October and to best protect our community, masks will be required for all groups!



Have you borrowed from our Lending Library?

Are you no longer actively benefiting from the book you borrowed?

We kindly ask that you *please return any borrowed books* back to the Center for Hope so that others may also benefit from them.



[CLICK HERE to sponsor a House Heart](#)

House Hearts

Sometimes, finding a way to honor the memory of your child can be difficult.

Would you consider supporting the 3Hopeful Hearts House in honor of your child on the month of their birthday?

Your child's name will be painted on a heart and displayed as one of our House Hearts for their month.

This will be featured on our website and social media sites. After the month is over, the heart will be sent to you.



3Hopeful Hearts

www.3hopefulhearts.com

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