

November Newsletter

We are here for you! 3HH continues to offer grief support.
Now offering in person support groups, support, and events.



"Your loss is not a test, a lesson, something to handle, a gift, or a blessing. Loss is simply what happens to you in life. Meaning is what you make happen."— David Kessler, [Finding Meaning: The Sixth Stage of Grief](#)

How to find meaning has been a complicated, open-ended question in my life since the devastating death of our son, Zachary. Companionship others on their quest for hopeful meaning is the cornerstone of the 3Hopeful Hearts mission, and now fourteen years after founding 3Hopeful Hearts, with my two co-hearts Bonnie Cochran and Betsy Fecteau, I am honored to accept the role of Executive Director to assure the 3Hopeful Hearts mission continues to thrive.

This time of transition has also included a reorganization of our staff positions. The new structure of 3Hopeful Hearts will include a Family Service Coordinator and a Community Development Coordinator. I am incredibly grateful that our very own Katie Ronen has accepted the role of Family Service Coordinator. Katie will be at the hub of managing all services impacting bereaved families. The Community Development Coordinator will spearhead development efforts to promote future growth and to ensure that 3Hopeful Hearts remains sustainable. We will be seeking the right person to fill this role during the month of November. If you are interested in this *position* (click button below for description), please send your resume to kristin@3hopefulhearts.com.

To guarantee that as a non-profit 3Hopeful Hearts is fiscally responsible with staffing costs, all three positions will be deemed part-time. We will also continue to utilize our amazing team of volunteers as actively, efficiently, and effectively as possible to balance our resources and be responsible to our stakeholders.

With Hope and Gratitude,
Kristin Glenn
Executive Director

[Community Development Coordinator](#)



Save the Date! Candlelight Tribute 2021 12.5.2021

Please join us for our Candlelight Tribute

We invite you and your families to join our Candlelight Tribute held at our very own Center for Hope. We will gather in our courtyard and provide you with a memorable and impactful experience to honor your babies and children.

Please arrive by 6:30PM to gather your gifts, hot beverage, and park your car. The program will begin at 6:45PM.

**Candle Lighting at 7:00pm
to honor all baby and child loss.**

We invite you to bring a stand up photo of your child, personalize and/or decorate your cars, etc. to help memorialize your loss.

The Human Bean will be here to supply your family with donated warm beverages before the event. Tips will be accepted.



Schedule your 2021 Colorado Gives Day Donation TODAY!

[Click HERE to Learn How](#)

[Click HERE to Give!](#)



Grief and Gratitude in the Holidays

Author Sarah Burg writes,

"I am left to wonder what these family milestones would hold if we were here and she was here, all together, in the same place.

The holiday season is filled with expectations of joy and gratitude, and at times, this can be more than my grieving heart is able to muster. **But on occasion, I notice a lightness taking hold.** I notice anticipation replacing dread. I notice the fear subsiding, and in its place, life returning. **What is it that can pull me from the trenches and lead me back into the light during this daunting time of year? It can only be gratitude."**

[To read more of *A Grieving, Grateful Heart*, click here.](#)



Mark Your Calendars!

Candlelight Tribute: December 5th, 2021

Colorado Gives Day: December 7th, 2021



[Click HERE](#) for the

[2021 Support Group Calendar](#)

Continuing into November and to best protect our community,
masks will be required for all groups!



Have you borrowed from our Lending Library?

Are you no longer actively benefiting from the book you borrowed?

We kindly ask that you *please return any borrowed books* back to the Center for Hope so that others may also benefit from them. Thank you!



[CLICK HERE](#) to sponsor a House Heart

House Hearts

Sometimes, finding a way to honor the memory of your child can be difficult.

Would you consider supporting the 3Hopeful Hearts House in honor of your child on the month of their birthday?

Your child's name will be painted on a heart and displayed as one of our House Hearts for their month.

This will be featured on our website and social media sites. After the month is over, the heart will be sent to you.



3Hopeful Hearts

www.3hopefulhearts.com

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