

# January Newsletter

*We are here for you! 3HH continues to offer grief support.*  
Now offering in person support groups, support, and events.



2021 finished financially stronger than we could have ever imagined!  
Our hearts are overwhelmed with gratitude for everyone that donated, shared our donation links, and continue to support our mission.

**THANK YOU.**

With the support of our community we...

- ... Were rewarded the Scheels Give Back Campaign- **\$5,000**.
- ... Raised over **\$21,000** during Colorado Gives Day!
- ... Completely **PAID OFF OUR MORTGAGE** thanks to two anonymous family foundations!!
- ... Received over \$5,000 in end of year donations including but not limited to: holiday gift exchanges, Facebook Birthday Fundraisers, and 'In Memory of...' donations.

Thanks to our amazing donors, we will continue to be here to support you, your families, and the bereaved members of our community for years to come.

Thank you for believing in our mission.

With Hope & Gratitude,  
Kristin, Katie and Michelle



Introducing...

## **Family Grief Expression Nights!**

Introducing our new family gatherings that will cover a variety of different topics that allow all ages to express their grief in creative outlets.

Our first group will meet on  
**Monday, January 24th at 5:30PM** to create Memory Lanterns.

These lanterns will be created following our discussion about your grief intensions for the year.

We hope you will join us!

[Please RSVP by clicking on this link.](#)



We will gather at the Center for Hope:

712 Whalers Way, A201



**NEW GROUP ALERT  
STARTING IN JANUARY:**

*Infertility Support Group, 4th Tuesday/Month at 5:30pm!  
Hosted at The Center for Hope*

This is a group for those who are journeying through and to parenthood and are faced with the halt of infertility. In a world full of 'comfortable conversations', infertility, longing and grief are too often met with silence. This group is a safe space for you to connect, be heard, be seen and understood. You are not alone. The whisperings of 'me too' are echoed here.

If this group applies to you, please join us on January 25th!

**Click [HERE](#) for the  
2022 Support Group Calendar**

**Click [HERE](#) for  
Support Group  
Overview & Description**

If you are interested in receiving different and/ or additional notifications (email and text) for a group, please reply to this email with your new group preferences.

Continuing into January and to best protect our community,  
**masks will be required for all groups!**



## Mark Your Calendars!

**Family Grief Expression Night:** January 24th- [RSVP HERE](#)



If you are ever looking to give back,  
we have created a Center for Hope wish list.  
This wish list will continue to be updated as our supplies and needs change. We appreciate you  
helping us cross items off the list!

Click here to view our [Amazon Wish List!](#)



Have you borrowed from our Lending Library?  
Are you no longer actively benefiting from the book you borrowed?  
We kindly ask that you *please return any borrowed books* back to the Center for Hope so that others  
may also benefit from them. Thank you!





[CLICK HERE](#) to sponsor a House Heart

### **House Hearts**

Sometimes, finding a way to honor the memory of your child can be difficult.

Would you consider supporting the 3Hopeful Hearts House in honor of your child on the month of their birthday?

Your child's name will be painted on a heart and displayed as one of our House Hearts for their month.

This will be featured on our website and social media sites. After the month is over, the heart will be sent to you.



We want to thank you for taking the time to read through the entirety of our January Newsletter!  
Reply to this email to be entered into a drawing to WIN  
a 60 minute Wellness Massage!

If you are our winner, 3HH will reach out via email to notify you.



**3Hopeful Hearts**

[www.3hopefulhearts.com](http://www.3hopefulhearts.com)

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